

# HARVEST SANGRIA

Yield: 4 servings



Prep Time: 10 minutes | Brew Time: 1.5 minutes | Chill Time: 2 hours

INGREDIENTS
3 cups Water
6 Lipton® Green Tea Bags
2 Tbsp. Sugar
1 cup Pomegranate juice or cranberry juice cocktail, chilled
1 Apple, medium, cored and sliced
1 Orange, medium, cut into wedges

## Preparation

1. Pour boiling water over Lipton® Green Tea Bags in teapot; cover and brew 1-1/2 minutes.
2. Remove tea bags and squeeze; stir in sugar and cool.
3. Combine tea, pomegranate or cranberry juice and fruit in large pitcher. Chill at least 2 hours.
4. Serve in ice-filled glasses.

## Nutrition information, 1 serving:

Calories 100, Calories from Fat 0, Total Fat 0 g, Saturated Fat 0 g, Trans Fat 0 g, Cholesterol 0 mg, Sodium 10 mg, Total Carbs 26 g, Dietary Fiber 2 g, Sugars 22 g, Protein 0 g, Vitamin A 0 %, Vitamin C 35 %, Calcium 4 %, Iron 0 %

# POMEGRANATE-APPLE ICED TEA

Yield: 6 servings



Prep Time: 5 minutes | Brew Time: 5 minutes | Chill Time: 40 minutes

## INGREDIENTS

4 cups Water

2 Lipton® Iced Tea Brew Family Size Tea Bags or  
6 Lipton® Black Tea Bags

2 cups Pomegranate juice

1 cup Apple juice

## Preparation

1. Pour boiling water over Lipton® Tea Bags. Brew 5 minutes.
2. Remove tea bags and squeeze; cool 20 minutes.
3. Stir in juices and chill until ready to serve.
4. Serve in ice-filled glasses and sweeten as desired.

## Nutrition information, 1 serving:

Calories 60, Calories from Fat 0, Total Fat 0 g, Saturated Fat 0 g, Trans Fat 0 g, Cholesterol 0 mg, Sodium 15 mg, Total Carbs 5 g, Dietary Fiber 0 g, Sugars 16 g, Protein 0 g, Vitamin A 0 %, Vitamin C 0 %, Calcium 0 %, Iron 0 %

# CITRUS-THYME ICED TEA

Yield: 6 servings



Prep Time: 5 minutes | Brew Time: 5 minutes

INGREDIENTS
4 cups Water, boiling
2 Lipton® Iced Tea Brew Family Size Tea Bags or 6 Lipton® Black Tea Bags
1 tsp. Fresh thyme
1 cup Orange juice
$\frac{3}{4}$ cup Water
2 Tbsp. Lemon juice
2 Tbsp. Lime juice

## Preparation

1. Pour 4 cups boiling water over Lipton® Tea Bags and thyme. Brew 5 minutes.
2. Remove tea bags and thyme.
3. Stir in remaining ingredients and chill until ready to serve.
4. Serve in ice-filled glasses and sweeten as desired.

## Nutrition information, 1 serving:

Calories 25, Calories from Fat 0, Total Fat 0 g, Saturated Fat 0 g, Trans Fat 0 g, Cholesterol 0 mg, Sodium 5 mg, Total Carbs 6 g, Dietary Fiber 0 g, Sugars 4 g, Protein 0 g, Vitamin A 0 %, Vitamin C 30 %, Calcium 2 %, Iron 0 %

# BASIL MOJITO ICED TEA

Yield: 6 servings



Prep Time: 5 minutes | Brew Time: 5 minutes | Chill Time: 20 minutes

INGREDIENTS
4 cups Water
2 Lipton® Iced Tea Brew Family Size Tea Bags or 6 Lipton® Black Tea Bags
¼ cup Sugar
4 sprigs Fresh basil leaves
¼ cup Lime juice
2 cups Seltzer, chilled

## Preparation

1. Pour boiling water over Lipton® Tea Bags. Brew 5 minutes.
2. Remove tea bags and squeeze; cool 20 minutes.
3. Add sugar and basil into 2-quart pitcher and thoroughly crush with wooden spoon.
4. Stir in brewed tea and lime juice. Chill until ready to serve. Just before serving, stir in seltzer.
5. Pour into ice-filled glasses and sweeten as desired.

## Nutrition information, 1 serving:

Calories 35, Calories from Fat 0, Total Fat 0 g, Saturated Fat 0 g, Trans Fat 0 g, Cholesterol 0 mg, Sodium 5 mg, Total Carbs 9 g, Dietary Fiber 0 g, Sugars 9 g, Protein 0 g, Vitamin A 0 %, Vitamin C 6 %, Calcium 0 %, Iron 0 %